

SHOOTING SPORTS

Archery

Join **Brian Collins** and **Rhyde Thomas** in this class suitable for all levels of shooters. Beginners will learn how to shoot a compound bow, consistently hit 3-D targets, and have fun in the process! Advanced shooters can refine their skills by improving form and technique.

Five Stand/Sporting Clays

Fun for a beginner and challenging for an experienced shooter. Join **George Walukas** and **Mike Fransko** to learn why skeet and trap shooters enjoy this sport that involves shooting from 5 stations at targets from 7 different throwers. Try something different and fun. See if you can hit the rabbit! **Shotguns will be provided or bring your own. If your shotgun uses different chokes, please bring them.**

Gentle Intro to Shooting: Air Gun

No Bullets, No Bang, No Recoil, No Fear! Join **John McCreery** in this class using air guns (rifle, pistol, shotgun). If you have never fired a gun before and want to get an idea of what it is like, this class is for you! **Eye protection required (we can provide).**

Handgun Basics

This class will teach you to shoot a variety of handguns safely. **Keith and Susan Vicars** will provide a broad spectrum of information about the safety, operation, and fundamentals of shooting handguns. **Practice target shooting with supplied handguns (.22 revolvers and semi-automatics) and ammo or bring your own.**

Intro to Steel Challenge

John Mark Burton and **Adam Litke**, NRA Certified Instructors and sponsored shooters, will get you started with this fun and growing pistol sport. You will learn basic range commands, rules, equipment, gun handling and safety, and then head to the range to practice. **Gun must be in a range bag or case. Bring a .22 caliber pistol with at least 2 magazines and 100 rounds of ammo (loaner gun available upon request).**

Intro to 3-Gun

Ready to move on to the next level of competition and/or fun? Some experience is necessary, but you do ***not*** need to be an expert! **John Mark Burton** and **Adam Litke** will introduce you to the sport of 3 Gun. Get an overview of rules, techniques, drills, practice tips, and gear. Try your hand at a sample stage with pistol, rifle, and shotgun. **This is a 2-session class. You must bring your own ammo and 9mm pistol with OWB holster, .223 rifle, and 12-gauge shotgun.**

Self-Protection Handgun

Shooting for self-protection is very different from target practice. **John McCreery**, of Ohio Personal Protection, will help you to become more comfortable with your defensive use of a handgun under stress. Start with lots of dry fire practice and refine your draw stroke. Then move on to target shooting at close range. **Must bring your own gun with holster and 50 rounds of ammo. Minimum 2 years of shooting experience required!**

Shotgun/Trap Intro

Dan Rogge will introduce you to the basics of shooting a shotgun, including learning the types and gauges, ammo, chokes and loads used, parts of a shotgun, safe handling, and safety equipment. Then practice shooting clay targets. **Shotgun (20 gauge) and ammo will be provided or bring your own.**

Smallbore Rifle

Don Helwick and **Steve Shauver** will teach you the basics of shooting safety. You will have the opportunity to shoot a variety of .22 rifles, including bolt-action, lever-action, and semi-automatic, with both open and telescopic sights. **Rifles and plenty of ammunition will be supplied.**

Trap Shoot

Now that you can handle a shotgun (whether you just learned or are seasoned), **Dan Rogge** will lead you in a round (or 2!) of trap. You ***will*** have fun. **Use our 20-gauge guns and ammo or bring your own 12-gauge and ammo.**

HUNTING/OUTDOOR FUN

Beekeeping

Cyndi Konopka, an experienced beekeeper, will teach you the ins and outs, ups and downs of beekeeping, including obtaining bees, hive pieces and parts, tools of the trade, location, pests and threats and stings, resources, and more.

Chainsaw Basics

Matt Vallo, owner of Vallo Tree Services, will teach you the basics of using a chainsaw, including safety, forest management, and conservation. After basic instruction, you will venture into the woods to give it a try. Please wear long pants, closed shoes, etc.

Fly Fishing

Matthew Siegel will teach participants the basics of fly fishing and will assist with casting techniques. **Equipment and flies will be supplied, or you can bring your own. Participants must bring and wear eyeglasses.**

Functional Fitness

Come learn how to train your body for strength, mobility, and everyday life. This class is for all ages. Anyone can join. **Michelle Huck**, of Tripoint Athletics, will teach you all kinds of new things that will work for anyone! Come and have fun!

Improvised Weapons

John McCreery, of Ohio Personal Protection, will help you have fun while learning to use anything within reach to defend yourself. If you are willing, possibilities are endless.

Kayaking: Quick Start

Come and enjoy a session of basic kayaking on the water with an **ODNR officer** from the Division of Parks and Watercraft. In this session, you will learn the basics of kayaking safety and paddle strokes. The class will go in the rain so long as there is no lightning or thunder. **All the equipment will be provided for you. Please dress for the weather and bring a change of clothes and shoes in case you get wet.**

Self-Defense

Learn how to protect yourself in this hands-on class. **Sensei Jayne Butram** of Okinawan Karate Center, will lead you in this class on smart personal protection. Learn about layers of protection, staying safe at home, work, and out with your kids, how to respond to a home invasion, active shooter situation, and more. **Wear comfortable clothes that allow you to move.**

Survival Shelters

If you were caught unprepared in the outdoors, would you know how to survive? Join **Phil Varketta** to learn how to build an emergency survival shelter to protect you from the elements and to contain your body heat.

Tai Chi With Trees

Feel the flow with this low-impact class taught by **Susan Hollobaugh**. With experience in both karate and Tai Chi, she will guide you in the Yang style Tai Chi and incorporate energy exercises from different styles. **Please wear comfortable clothing.**

Tomahawk Throwing

Ever wanted to try this? Now is your chance! **Brian Franck** will teach this intro class, including basic instruction and practice, practice, practice! You will learn throwing styles and how to adjust distance for optimal performance. Class will end with a competition.

CRAFTS, COOKING & MORE FUN STUFF

Canvas Painting

Become an artist when you join **Lynnmarie Landwei-Phillips** and turn a blank 16" x 20" canvas into a work of art. You will venture on a guided step-by-step journey to create a personal masterpiece in a relaxed, stress-free environment. **Please include \$10 materials fee with your registration.**

Dog Snuffle Mat

Do you have a dog? Does s/he have a Snuffle Mat? Snuffle mats are made of a heavy rubber base and lots of fleece ties. You can hide ***many*** treats in them. They are great enrichment toys, or you can use them as a distraction or a training tool. **Julia Vallo** will teach you to make one. **Please include \$10 materials fee with your registration.**

Dutch Oven Cooking

Phil Varketta will teach you the basics of Dutch oven cooking using standard charcoal. You will learn to prepare a meal, to adjust temperatures, rotate for even cooking, and handle cookware during cooking. **Please include \$10 materials fee with your registration.**

Iris Folding Cards

Phyliss Knapp will lead you in this class on Iris Folding, which is the art of layering strips of paper in a spiraled pattern that resembles the iris of a camera lens. You will make 2 cards that are ready to be mailed. **Bring your own scissors. Please include \$5 materials fee with your registration.**

Painted Metal Buckets

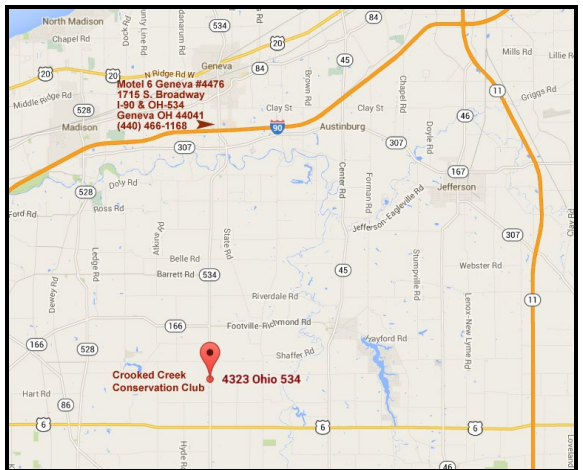
Heidi Hurt Campbell will teach you to paint a metal bucket with your own flower design. All the help you need is provided. Metal buckets are great for outside décor: put a plant in it, cool drinks, other cookout essentials, etc. **Please include \$10 materials fee with your registration.**

Papercut Shadow Boxes With Lights

Donna Hutmacher is back and with a totally new class. Make a papercut shadow box with fairy lights. Template will be a deer standing in a forest. You will go home with a finished product and supplies to make one on your own. **Please include \$10 materials fee with your registration.**

SPECIAL OFFER! ½ DAY TURKEY HUNT!

This course is offered for up to 10 women, on a first come, first served basis. Participants will be matched with a guide and a hunting location and will learn the basics of calling and hunting turkey. This is a 1-to-1 experience. Participants will be required to show a valid hunting license and proof of a hunter safety course, as well as basic shotgun experience. Participants are required to supply their own camo clothing, shotgun, and shells. *This course will replace the participants' two morning sessions.* Guides and participants will meet at 5:00 a.m. at Crooked Creek Conservation Club, hunt until noon, and return for lunch and two afternoon sessions. *Since space is limited, please be sure to list this as your top choice if you want to participate.*



WOMEN IN THE OUTDOORS

Is dedicated to providing interactive educational outdoor opportunities for women ages 14 and older. Local chapters and organizations throughout the nation conduct outdoor learning events, featuring hands-on activities.

The National Wild Turkey Federation's (NWTF) goal is to teach the importance of responsible wildlife management, to increase participation in outdoor-related opportunities, and to preserve the hunting tradition.

The Women in the Outdoors™ Program will meet its goal by introducing more women to outdoor activities, training women as outdoor educators, and providing a network for men and women with similar outdoor interests.

Your paid registration includes:

- Choice of 4 Women in the Outdoors courses (unless you sign up for the turkey hunt or 3-Gun)
- Use of all equipment, program material, instruction
- One-year subscription to the NWTF Turkey Country magazine
- Light breakfast, Lunch, Beverages

There will be continuous silent auctions and raffles throughout the day. Payment can be made with cash, checks or credit cards. **Pre-order your raffle tickets! General Raffle: 1 sheet, including a bonus ticket, for \$10 or 3 sheets for \$20. Gun Raffle: 1 ticket for \$10 or 3 for \$20. Winner need not be present for gun raffle.**

Winchester Wildcat .22 rifle



**Saturday
May 21, 2022
8:00 a.m. - 6:00 p.m.
Crooked Creek Conservation Club
4323 SR 534
Hartsgrove, OH 44085**

Presented by the Grand River Chapter of the
National Wild Turkey Federation
Women in the Outdoors Committee
Visit us on Facebook:
[Facebook.com/GrandRiverWITO](https://www.facebook.com/GrandRiverWITO)

For additional information contact:
Leesa Lafferre-Thomas (440) 313-2470
GrandRiverWITO@gmail.com



A partnership project of the Grand River Chapter of the National Wild Turkey Federation, Crooked Creek Conservation Club, and the ODNR Division of Wildlife.

**In Loving Memory of Our
Co-Chair and Friend
Terri Herbert**

This year's event is dedicated to our friend and long-time committee member, Terri Herbert. She loved our WITO event, her dogs, her flowers, and her guns. She loved doing, sharing, and teaching anything related to the outdoors. She dedicated many hours every year to this event. It is fitting that we should dedicate this day to her. We shall miss her always.



Participant Registration Form - 21 May 2022

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail _____

Emergency Contact _____

Emergency Phone () _____

____ New Member or WITO # _____ Renewal

*Participants 14-17 years old must have a parent or guardian sign and attend all classes with them.

I cannot attend but would like to renew my Women in the Outdoors membership for \$35. Payment is enclosed.

Registration _____ \$ _____

If applicable, Mother ____ or daughter 14-17 yrs ____ or 18+ yrs ____

Materials Fee(s) for top 4 choices only _____ \$ _____

T-shirts: Qty ____ @ \$22 each _____ \$ _____

Ladies V size ____ or Standard Crew size ____

Memorial heart ____ or WITO heart ____

General Raffle: Qty ____ 1/\$10 or 3/\$20 _____ \$ _____

Gun Raffle: Qty ____ 1/\$10 or 3/\$20 _____ \$ _____

TOTAL _____ \$ _____

☐ Check ☐ PayPal (for credit card payment)

Deadline for pre-ordering the event t-shirt is May 1, 2022.
Regular registration deadline is May 14, 2022.

**Make checks payable to "NWTF" &
Mail/email this completed form with payment to:**

Leesa Lafferre-Thomas
10101 Madison Road
Montville, OH 44064
440.313.2470
GrandRiverWITO@gmail.com

PAYPAL OPTION

PAYPAL IS FAST & EASY! PAY USING YOUR CREDIT CARD OR CHECKING ACCOUNT. CHECK THE BOX ON THE REGISTRATION FORM, THEN MAIL OR EMAIL THE FORM. PAYMENT WILL BE DUE UPON RECEIPT OF INVOICE.

Course Offerings: IMPORTANT! Please rank in order of preference 1-8, with 1 being your first choice.

____ Archery	____ Improvised Weapons
____ Five Stand	____ Kayaking: Quick Start
____ Into to Shooting/Air Gun	____ Self-Defense
____ Handgun Basics	____ Survival Shelters
____ Intro to Steel Challenge	____ Tai Chi With Trees
____ Intro to 3-Gun**	____ Tomahawk Throwing
____ Self-Protection Handgun	____ Canvas Painting*
____ Shotgun/Trap Intro	____ Dog Snuffle Mat*
____ Smallbore Rifle	____ Dutch Oven Cooking*
____ Trap Shoot	____ Iris Folding Cards*
____ Beekeeping	____ Painted Metal Buckets*
____ Chainsaw Basics	____ Papercut Shadow Boxes*
____ Fly Fishing	____ Turkey Hunt**
____ Functional Fitness	

*Materials Fee required (see course descriptions for amount).
**Counts as 2 sessions.

WITO Grand River Chapter T-Shirt



Pre-order your heather navy t-shirt with silver graphics to memorialize your experience with WITO. Specify quantity, size, and style (V-neck or standard neck) on the registration form. Very few extras will be available on the day of the event, so guarantee yours by ordering now. Cost is \$22 each. Shirts are 50-50 poly/cotton blend. Sizing chart available upon request. Heart design will be on sleeve; specify choice of memorial wording or "WITO" in heart. (Memorial wording: "In memory of Terri Jean Herbert, March 19, 2022")

Color and design may vary slightly from photo.

Registration fee is \$70/individual or \$130/mother-daughter package (must be at least 14 years old). If mother-daughter, please include two registration forms but payment should be listed on only one of the forms. No refunds for any reason after April 25, 2022.